

Eastwood Middle School

22nd Annual Flying Eagle Cross Country Invitational

Hosted by: Eastwood Middle School
4800 Sugar Ridge Road
Pemberville, OH 43450

Date: Wednesday, August 30, 2023

Schedule: 5:00 - Open girls – athletes that will not run in the varsity girls race
5:40 – Open boys – athletes that will not run in the varsity boys race
6:20 – Varsity girls – must have at least 5 and a max. of 7 athletes to run in this race
6:50 – Varsity boys – must have at least 5 and a max. of 7 athletes to run in this race

Awards: Individual awards - regardless of school division
Varsity Race: medals for the first 15 finishers, ribbons for finishers 16-30
Open Race: ribbons for finishers 1-20
Most Valuable Runner – Plaque presented to the top overall runner based on time ran in either race (not voted on, strictly based on time ran)

Team awards (We will have two divisions based on school enrollment submitted to OHSAA)
1st place boys / 1st place girls – Big schools & Small schools
2nd place boys / 2nd place girls – Big schools & Small schools

Course: Accurate 3200 meter course at Eastwood High School
Flat, a few turns, grass and woods
Excellent spectator course

General Information:

- Course will be open for inspection with maps. Feel free to preview the course at an earlier date. Please contact one of the people listed below.
- Concessions and restrooms will be available at the football stadium.
- A limited supply of “Flying Eagle” T-shirts will be on sale. Cost will be \$15
- Team camps will be up by the football stadium along the fence away from the parking lot.
- Buses should enter on the west side of Eastwood High School, off Luckey Road. Athletes will be dropped off and then busses will be instructed to park between the high school and middle school.
- Coaches – please remind parents to stay back from the chute until race officials have excused their athlete.
- Team entry is \$150.00 per school, \$75.00 per team, or \$10 per athlete. Please return this with your entry if you haven’t yet paid.
- You may enter a maximum of 7 athletes, but must have at least 5 athletes in the varsity race. There are an unlimited number of entries for the open race.

Entry Information:

- Entries must be submitted at www.baumspage.com by **9:00 PM Monday, August 28, 2023**. Most accounts were kept from last year, but still check your account early to see if it is still valid. If not, you will have to apply and create a new baumspage account.
- If your school is not listed or someone else is already associated with your team, use the **Help** link to submit a request.
- **Call Gary Baumgartner at 513-424-6201**

For more information, contact:

- Nikki Sabo, Meet Manager
Cell: 419-250-7226
Work: 419-833-3611
email: nsabo@eastwoodschoools.org

Jodi Zunk, Eastwood Middle School AD
Cell: 419-392-6829
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